

KFJS
PSHE Curriculum Map

In each learning journey children will: develop self-confidence and empathy; show consideration for other people’s feelings and learn how to stay safe.

Year 4

Unit	Relationships		Living in the Wider World		Health and wellbeing	
	Families and Friendships	Respecting Each Other (including bullying)	Rights and Responsibilities	Belonging	Staying Safe and Healthy	Growing and Changing
Key Question	What does a healthy relationship look like?	Why is it important to respect others?	Why are rules important?	What is a community?	How do we manage risks?	What is puberty?
Essential understanding	To recognise what constitutes a positive, healthy relationship and develop skills to form and maintain them.	To resolve differences by looking at alternatives, seeing and respecting others’ points of view, making decisions and explaining choices.	To know they have different rights and responsibilities at home, school, in the community and towards the environment (UNICEF).	To celebrate the school community and share similarities and differences between people within the school community. To identify Kings Furlong as a community we have in common.	To learn what positively and negatively affects their physical, mental and emotional health.	To know some basic facts about puberty, including physical and emotional changes that happen.
Objectives	To recognise what constitutes a positive, healthy relationship and develop the skills to form and maintain positive and healthy relationships To understand personal boundaries; to identify what they are willing to share	To understand the concept of ‘keeping something confidential or secret’, when they should or should not agree to this and when it is right to ‘break a confidence or share a secret’	To know they have different kinds of responsibilities at home, school, in the community and towards the environment. To recognise reasons for rules and laws; consequences for not adhering to rules and laws.	To celebrate the school community and share similarities and differences between people within the school community. To identify Kings Furlong as a community we have in common.	To know and understand the importance of dental hygiene. To learn what positively and negatively affects their physical, mental and emotional health. Focus on friendships – managing arguments;	To identify the main stages of the human lifecycle. To identify some basic facts about puberty. To know some changes that happen during puberty. To understand why these changes happen and link to reproduction.

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	<p>with their most special people, friends, classmates and others and that we all have rights to privacy</p> <p>To recognise ways in which a relationship can be unhealthy and whom to talk to if they need support</p>	<p>To listen and respond respectfully to a wide range of people, to feel confident to raise their own concerns, to recognise and care about other people's feelings and to try to see, respect and if necessary constructively challenge others' points of view</p> <p>To recognise and respond appropriately to a wider range of feelings in others and that their actions affect themselves and others</p>	<p>To identify ways of carrying out shared responsibilities for protecting the environment in school and at home. To understand how everyday choices affect the environment (e.g. recycling, food choices).</p> <p>To understand different ways to pay for things and the choices people have about this. To recognise people have different attitudes towards saving and spending money and what influences people's decisions.</p>	<p>To understand how to assess the reliability of sources of information online and how to make safe and reliable choices from search results.</p> <p>To identify different jobs people can have and people often have more than one job/career in their lifetime.</p>	<p>when worried about a friend; loneliness.</p> <p>To recognise, predict and assess risks in different situations and decide how to manage them responsibly (water safety)</p>	

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		To resolve differences by looking at alternatives, seeing and respecting others' points of view, making decisions and explaining choices				
Skills	Begin to name other synonyms for emotions Listen respectfully and respond in an appropriate way					
Assessment	Through class discussion; use of pictures/clips/scenario cards; through observation	Through class discussions	Through pictures and discussion; through observation	Through pictures and class discussion	Through discussion	Through discussion
WTS	Children are able to identify some criteria and with support, are able to maintain good relationships with their peers	Children are able to identify that other people have a different opinion and with support, can discuss the	Children are able to identify their own rights and some responsibilities	With support, children are able to identify some similarities and differences between	Children are able to identify some effects on physical, mental and emotional health	With support, children are able to identify some physical and emotional changes that happen during puberty

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		difference between that and their own		the people in the school community		
EXS	Children are able to explain what makes a positive, healthy relationship and maintain friendships	Children are able to identify another person's perspective and share their opinions respectfully	Children are able to identify their own rights and explain what their responsibilities are	Children are able to identify the similarities and differences between people in the school community.	Children are able to explain the effects on their physical, mental and emotional health	Children are able to identify the physical and emotional changes that happen during puberty
GDS	Children are able to explain what makes a positive, healthy relationship and have strong relationships with their peers	Children are able to explain another person's perspective and share their opinions respectfully and with the consideration of other people's points of view	Children are able to identify their own rights, explain what their responsibilities are and how their behaviour affects others	Children can explain the importance of having similarities and differences within the school community	Children are able to explain the effects on their physical, mental and emotional health and can identify some ways to stay physically, mentally and emotionally healthy	Children are able to identify the physical and emotional changes that happen during puberty and explain why they happen