

6 HOUR SCREEN FREE CHALLENGE

On Tuesday 10th Feb,
we're challenging all
children and families to
spend 6 hours screen
free. No devices between
3:30pm and 9:30pm! Are
you up to the challenge?



LISTEN TO
MUSIC THAT
MAKES
YOU HAPPY

SKETCH,
DOODLE
OR PAINT
SOMETHING

COOK OR
BAKE
SOMETHING
DELICIOUS

GO FOR A
WALK AND
EXPLORE
NATURE

MAKE UP
A DANCE
ROUTINE

If you successfully complete
the challenge, you will earn 25
learning points!!

PLAY A
BOARD
GAME

Write down in your home
school book what you did or
send a photo into the office
[adminoffice@kingsfurlong-
jun.hants.sch.uk](mailto:adminoffice@kingsfurlong-jun.hants.sch.uk)

The class with the most
children completing the
challenge will win an extra play!

